

Massage }

Botanical Swedish Massage

Traditional relaxation and therapeutic full body massage of long, gliding strokes and kneading techniques. Improves circulation, lowers blood pressure, relieves muscle tension-leaving you feeling relaxed and rejuvenated. A healthy way to start your week or weekend. Also a great maternity massage.

-  60 Minutes ~ \$70
-  90 Minutes ~ \$95
-  120 Minutes ~ \$130

Express Massage

Swedish massage with concentration on the neck, back, and shoulders. A short but effective session designed for those that are pressed for time.

-  30 Minutes ~ \$40

Deep Tissue Massage

This therapeutic massage targets the deeper layers of the muscles, using slow movements and deep trigger point pressure on contracted areas to release chronic tightness and tension. A massage designed to break your cycle of spasm and pain.

-  60 Minutes ~ \$75
-  90 Minutes ~ \$100

River Stone Massage

Traditional strokes of Swedish massage with warm, smooth river stones and pure essential oils. Warms stones will be placed on specific points along your spine, in the palms of your hands, and even between your toes to help balance mind and body.

-  75 Minutes ~ \$100
-  90 Minutes ~ \$115

Sports Massage

This invigorating massage increases flexibility, aids in conditioning and promotes the release of toxins responsible for muscle soreness. Complete with assisted stretches. An excellent addition to a regular fitness regimen, as well as pre-event, post-event and rehabilitative. Please wear comfortable shorts.

-  60 Minutes ~ \$75
-  90 Minutes ~ \$100




Serene Aromatherapy Massage

A gentle massage using the natural essential oils of plants to bring balance and harmony to the body and mind. Ideal for the tense, restless, overworked individual. Choose an aromatherapy blend from our selection to revive you.

-  60 Minutes ~ \$75
-  90 Minutes ~ \$100

Baby Massage

As a certified newborn massage instructor, I will teach the family massage for the baby. Benefits include: calming the baby, regulating sleep patterns, alleviating colic, increasing circulation to heal any birthing trauma, boosting the immune system, improving the development of the nervous system, brain and muscle tone, speeding preemies weight gain, and promotes bonding. Great baby shower gift!

-  45 Minute Individual Class ~ \$55
-  1 Hour Class for 2 Families ~ \$40
Each Family (limit 2 per family please)
-  75 Minute Class for 4 Families ~ \$30
Each Family (limit 2 per family please)

Massage Packages

Buy multiple massages and save!! An excellent gift idea for clients, employees, loved ones, and yourself! Swedish massages are available for these packages. Packages also available for other treatments, contact us for details.

On-site Corporate Massage

Therapeutic seated massage can be incorporated into just about any size business. Please contact us to discuss how we can design a plan to include on-site therapeutic massage into your company's wellness/benefit program.

Body Care }

Chamomile Marine Body Masque

From the botanical essences of the sea, micronized seaweed and algae are blended with aromatherapy to detoxify, re-mineralize, and promote lymph drainage and skin toning. The body is gently exfoliated, covered with a warm body masque, rinsed, then lightly massaged to balance and refresh you.

 75 Minutes ~ \$95

Green Tea Mint Sea Salt Glow

Feel stress melt away as your skin is dry brushed, then gently massaged using a blend of mineral rich Dead Sea Salt and rare essential oils to remove dead skin cells, stimulate circulation and provide deep moisturization. Followed by a light hydrating massage to leave your skin smooth and glowing.

 75 Minutes ~ \$95

Aroma Paraffin Dip

Comforting warm wax is applied to provide soothing, fast-acting deep heat. This treatment delivers temporary pain relief from chronic arthritis, joint stiffness, sports injuries, and inflammation. Also moisturizes dry skin. Each paraffin treatment is followed by massage of the area treated.

 20 Minutes (Hands Or Feet) ~ \$30

 30 Minutes (Hands And Feet) ~ \$45

Skin Care }

Holistic Herbal Facial

Begin with a warm facial wrap and aromatic pressure point massage of the neck and shoulders for relaxation and lymphatic circulation. Multiple deep cleanses, gentle exfoliation, toning and a soothing masque are applied to nourish and revitalize. Your skin is hydrated and balanced, leaving you feeling soft, refreshed and radiant.

 60 Minutes ~ \$80

Fresh Express Facial

Efficiently addresses the skin of your neck, shoulders, and face, with an algae activated cleansing, gentle exfoliation, and reviving masque to nourish and replenish. The results are clean, healthy, glowing skin. An ideal facial alone, or accompaniment to any body treatment.

 30 Minutes ~ \$45

 Add-On Treatment ~ \$40

Gentleman's Facial

Deep cleansing and nourishing therapeutic facial designed for the skin care needs of men, including an invigorating masque to refine pores. Addresses sensitivity and aids in the prevention of shaving irritation. Relaxing massage of the neck, shoulders, and arms.

 60 Minutes ~ \$80

Waxing }

We offer waxing services, please call for details and pricing.

Therapeutic
HealthWorks Inc.

For inquires or to schedule an appointment
please contact us at

(409) 762-8199

Gift Certificates Available!

Please Plan...

to arrive 15 minutes before your appointment to complete a client information form and to prepare for your body treatments and massage. If you must reschedule or cancel your appointment, please notify us at least 24 hours in advance. If we do not receive notice prior to your appointment 50% of the service scheduled will be charged.

Payment Methods

Cash, Check, Discover, MasterCard, Visa, and American Express are honored.