

# SERVICES MENU

## Massage }

### Botanical Swedish Massage

Relaxing and Therapeutic

- 🕒 60 Minutes ~ \$80
- 🕒 90 Minutes ~ \$105
- 🕒 120 Minutes ~ \$145

### Express Massage

- 🕒 30 Minutes Swedish ~ \$50
- 🕒 30 Minutes Aromatherapy, Deep Tissue, Sports, or Prenatal ~ \$55

### Serene Aromatherapy Massage

Pure Essential Oils to Enhance Inner Peace

### Deep Tissue Massage

Trigger Point Pressure

### Sports Massage

Invigorating, with Assisted Stretches

### Prenatal Massage

Restful, Relaxing after 1st trimester

- 🕒 60 Minutes ~ \$85
- 🕒 90 Minutes ~ \$110
- 🕒 120 Minutes ~ \$150

### Warm River Stone Massage

Warm, Smooth River Stones with Pure Essential Oils

- 🕒 90 Minutes ~ \$125
- 🕒 120 Minutes ~ \$160

### Chair Massage

- 🕒 \$1 a minute (15 minimum)

### Couples Massage

Side-by-Side Massage in Room for Two

- 🕒 Choose from above Massages

## Body Care }

### Chamomile Marine Body Masque

Detoxify, Nourish and Replenish from the Sea

- 🕒 75 Minutes ~ \$115

### Sea Salt Body Glow

Exfoliate with Healing Dead Sea Salts

- 🕒 75 Minutes ~ \$115

### Peppermint Hand & Foot Scrub

Refresh and renew

- 🕒 20 Minutes (Hands Or Feet) ~ \$40
- 🕒 30 Minutes (Hands And Feet) ~ \$55

### Aroma Paraffin Dip

Warm and Moisturizing

- 🕒 20 Minutes (Hands Or Feet) ~ \$40
- 🕒 30 Minutes (Hands And Feet) ~ \$55

## Skin Care }

### Holistic Herbal Facial

Rejuvenate and Balance

- 🕒 60 Minutes ~ \$90

### Fresh Express Spa Facial

Refresh and Replenish

- 🕒 30 Minutes ~ \$60

### Gentleman's Facial

Cleanse and Nourish

- 🕒 60 Minutes ~ \$90

### Waxing Services

(pricing may vary)

- 🕒 Brow, Lip or Chin ~ \$25
- 🕒 Armpits ~ \$50
- 🕒 Bikini ~ \$60

# Therapeutic HealthWorks Inc.

DAY SPA FOR SKIN AND BODY CARE

2114 Sealy – Galveston, Texas, 77550 – (409) 762-8199